



Online registration begins May 10 at
www.allstarcamps.ca

All participants in
SUMMER EXCITEMENT 2010
 receive a FREE ball, bag or T-Shirt!

KERRISDALE COMMUNITY CENTRE

Registration Information: In person at 5851 West Boulevard Vancouver
 By phone 604-257-8100 Online at www.kerrisdalecc.com

*Note that a 5% levy is charged on all programs registered through the Community Centre

VOLLEYBALL	BASKETBALL	FUTURES M A R T	STRENGTH & CONDITIONING
Rookie Girls Gr. 4-6 July 12-16 1:15-3:45pm 23075.301KR \$170	Little Hoopsters Gr. 2-4 July 5-9 1:15-3:45pm 23041.301KR \$130	Inventormania Gr. 5-8 July 19-23 9:00am-12:30pm 25523.301KR \$175	Peak Performers Gr. 8-12 August 9-13 9:00am-12:30pm 33078.301KR \$170
Superstar Girls Gr.7-9 July 12-16 1:15-4:45pm 23076.301KR \$170	Rookie Girls Gr. 4-6 July 19-23 1:15-4:45pm 23044.301KR \$170	Superteen Excel Gr. 8-10 9:00am-12:30pm 35520.301KR \$175	FOOTBALL Touchdown Makers Gr. 4-8 July 26-30 1:15-4:45pm 23078.301KR \$170
Jr High Intensity Girls Gr. 8-10 July 12-16 1:15-4:45pm 33077.301KR \$170	Superstar Girls Gr. 7-9 July 19-23 1:15-4:45pm 23045.301KR \$170	Go For It Gr. 4-6 August 16-20 9:00am-12:30pm 25520.301KR \$175	MULTI-SPORT Pee-Wee Multi-Sport Gr. 1-4 August 3-6 1:15-4:45pm 23050.301KR \$170
Little Diggers Co-Ed Gr. 2-4 Aug 23-27 1:15-3:45pm 23074.301KR \$130	Rookie Boys Gr. 4-6 August 16-20 1:15-4:45pm 23042.301KR \$170	Achieve Gr. 7-8 August 16-20 9:00am-12:30pm 25521.301KR \$175	August 30-Sept. 3 1:15-4:45pm 23050.302KR \$170
	Superstar Boys Gr. 7-9 August 16-20 1:15-4:45pm 23043.301KR \$170	Little Bookworms Gr. 2-4 August 3-6 9:00-11:30am 25522.301KR \$108	

HASTINGS COMMUNITY CENTRE

Registration Information: In person at 3096 East Hastings Vancouver
 By Phone 604-718-6222

*Note that a 5% levy is charged on all programs registered through the Community Centre

FOOTBALL	FUTURES M A R T	STRENGTH & CONDITIONING
Touchdown Makers Gr. 4-8 August 3-6 1:15-4:45pm 26027.301HS \$130	Go For It Gr. 4-6 July 26-30 9:00am-12:30pm 26025.301HS \$175	Peak Performers Gr. 8-12 July 26-30 9:00am-12:30pm 36010.301HS \$170
	Achieve Gr. 7-8 July 26-30 9:00am-12:30pm 26026.301HS \$175	

Use this form to register by mail or to receive special family discount.

Parent/ Guardian		City		Postal Code	
Address					
Phone 1		Phone 2		Email	
Name		Family Member 1		Family Member 2	
Grade Entering					
Age					
School					
Program #		Price		Program #	
Total Price					
Discount		Minus \$10 X _____ Programs after 1st Full Price Program			
Grand Total					

Make cheques payable to Eastridge Consulting Ltd. (no post dated cheques please).
 Mail completed registration form & payment by June 15th to: Vancouver All-Star Camps 3931 Oxford St. Burnaby BC V5C 1C4
 Camp confirmation will be sent via e-mail upon receipt. All cancellations subject to \$25 service charge.
 For more information go to www.allstarcamps.ca or contact Krista Geremia at kgeremia@shaw.ca or 604-317-5224

Dynamic Dan Miscisco's

41ST
 FANTASTIC
 YEAR OF

Operated by Dino Geremia
www.allstarcamps.ca

All-Star CAMPS



SPORTS CAMPS:

HIGH LEVEL SKILLS FOR YOUNG STUDENT ATHLETES ENTERING GRADES 1 – 10
 ALL-STAR BASKETBALL ★ ALL-STAR VOLLEYBALL ★ ALL-STAR MULTI-SPORT
NEW! ALL-STAR STRENGTH & CONDITIONING **NEW!** ALL-STAR FOOTBALL

FUTURES M A R T® CAMPS:

FUN MOTIVATIONAL SUCCESS CAMPS FOR BOYS & GIRLS ENTERING GRADES 2 – 10
 LITTLE BOOKWORMS ★ GO FOR IT ★ ACHIEVE ★ SUPERTEEN EXCEL
NEW! INVENTORMANIA

SUMMER EXCITEMENT 2010

IS COMING TO KERRISDALE COMMUNITY CENTRE
 AND HASTINGS COMMUNITY CENTRE!

SEE BACK PAGE FOR REGISTRATION INFO

TAKE ADVANTAGE OF OUR SPECIAL FAMILY RATE:
 After first full price camp receive \$10 off any other Summer Excitement Program!
 (Mail in registration and until June 15, 2010 only)



BASKETBALL

BOYS AND GIRLS

LITTLE HOOPSTERS Entering Grades 2-4

For Boys and Girls, this motivating and positive starter program will introduce the game of basketball. Ball-handling, passing and shooting skills will be stressed. This fun-filled camp will teach footwork and team organization. Modified games, relays and contests along with many treats and incentives will ensure an enjoyable introductory experience.

Co-Ed
M-F 1:15pm-3:45pm Jul 5-Jul 9
Kerrisdale 5 sessions/\$130

ROOKIE Entering Grades 4-6

This high energy camp stresses basic offensive and defensive skills, as well as offensive play patterns. This program will also offer treats and incentives, in addition to contests, tournaments, and fun competitions.

Girls
M-F 1:15pm-4:45pm Jul 19-Jul 23
Kerrisdale 5 sessions/\$170
Boys
M-F 1:15pm-4:45pm Aug 16-Aug 20
Kerrisdale 5 sessions/\$170

SUPERSTAR Entering Grades 7-9

In this fast-paced camp, offensive and defensive skills will be emphasized. A variety of drills will sharpen mental and physical skills. This advanced elementary camp is for boys & girls wanting the recipe for becoming a successful player. Drills, contests, and tournaments will teach the competitive focus necessary for high level performance.

Girls
M-F 1:15pm-4:45pm Jul 19-Jul 23
Kerrisdale 5 sessions/\$170
Boys
M-F 1:15pm-4:45pm Aug 16-Aug 20
Kerrisdale 5 sessions/\$170

TOP INSTRUCTORS INCLUDE:

Jody Schaufele, Teacher, Coach,
Ex Varsity Player
Jordan Covert, Teacher &
Handsworth Secondary Coach
Anita Gugleilmini, Teacher, Coach

VOLLEYBALL

GIRLS

LITTLE DIGGERS Entering Grades 2-4

Using both softie and regulation volleyballs, this fun camp will teach bumping, volleying, serving and footwork along with team rules and organization.

M-F 1:15pm-3:45pm Aug 23-Aug 27
Kerrisdale 5 sessions/\$130

ROOKIE Entering Grades 4-6

All the basic skills for the volleyball beginner will be covered in this camp including setting, bumping, and serving. Good team organization will also be developed. Fun and motivation, along with games and tournaments, will be a big part of the program.

M-F 1:15pm-4:45pm Jul 12-Jul 16
Kerrisdale 5 sessions/\$170

SUPERSTAR Entering Grades 7-9

In this camp, all of the skills necessary for success on the volleyball court will be developed. High intensity drills will challenge girls to improve their play. Treats, incentives, and fun will motivate the participants to work hard. Competitions and tournaments will be part of this advanced program. Introductory play systems will be covered along with spike hit progressions.

M-F 1:15pm-4:45pm Jul 12-Jul 16
Kerrisdale 5 sessions/\$170

JR HIGH INTENSITY Entering Grades 8-10

This action-packed junior high camp will stress all the skills with an emphasis on spiking, serving, and advanced team offensive and defensive systems. High-energy drills will prepare the girls for a great season of play. Many incentives and lots of fun will motivate participants to achieve their best. The final day will feature individual contests and a World Championship Tournament.

M-F 1:15pm-4:45pm Jul 26-Jul 30
Kerrisdale 5 sessions/\$170

TOP INSTRUCTORS INCLUDE:

Jody Schaufele, Teacher, Coach,
Ex Varsity Player
Anita Gugleilmini, Teacher, Coach

FOOTBALL

BOYS AND GIRLS

TOUCHDOWN MAKERS! Entering Grades 5-8

Play the greatest team sport! Throwing, catching, kicking and punting. This non-padded/non-contact camp will touch all the basics of football. Learn offensive and defensive skills, blocking and tackling as well as strategy and the team skills so important and prominent in football. Expect special visitors to drop in to join the fun. Contests, games and prizes will fill the week. Outdoors at Elm Park or Kerrisdale back field as well as indoor sessions.

M-F 1:15pm-4:45pm Jul 26-Jul 30
Kerrisdale 5 sessions/\$170
M-F 1:15-4:45pm August 3-6
Hastings 5 sessions/\$130

TOP INSTRUCTORS INCLUDE:

Joe Mancin, Ex Varsity Player and
University Coach
Dino Geremia, 18yrs as University
Coach & Provincial Head Coach,
Football BC

MULTI-SPORT

BOYS AND GIRLS

PEE-WEE Entering Grades 1-4

This co-ed fun-filled starter camp will teach basketball, volleyball, and soccer skills. Many minor games, relays, and coordination skills will be covered. Incentives and treats will be part of the program. An Olympic Sports Day will be held on the final day.

T-F 1:15pm-4:45pm Aug 3-Aug 6
Kerrisdale 4 sessions/\$135
M-F 1:15pm-4:45pm Aug 30-Sep 3
Kerrisdale 5 sessions/\$170

TOP INSTRUCTORS INCLUDE:

Dino Geremia, Masters in
Educational Leadership, 18yrs as
University Coach
Anita Gugleilmini, Teacher, Coach

SPORTS STRENGTH & CONDITIONING

BOYS AND GIRLS

PEAK PERFORMERS Entering Grades 8-10

Have more fun playing the sport you love because you are in great shape and prepared to utilize all of your skills and abilities. Learn the latest in speed and strength development which includes an athletic dynamic warm-up, speed/agility drills, explosive strength and power lifting, core stability, cool down and post-stretch. In addition, learn about diet, nutrition and setting your athletic and fitness goals. Workbook included so you are able to track your progress. Outdoor, gym, wt. room and classroom sessions.

M-F 9:00am-12:30pm Aug 9-Aug 13
Kerrisdale 5 sessions/\$170
M-F 9:00am-12:30pm July 26-30
Hastings 5 sessions/\$170

TOP INSTRUCTORS INCLUDE:

Joe Mancin, Certified Strength and
Conditioning Specialist
Dino Geremia, Certified Strength
and Conditioning Specialist

FUTURESMART SUCCESS CAMPS

BOYS AND GIRLS

Get motivated with these high energy camps that teach organizational strategies, manners, people skills, study and learning tips as well as moneymania secrets. The recipe for success - effort, pride, attitude and innovation is emphasized throughout. Special guests, incentives, treats, and much more make this program a must for elementary and junior high students. FutureSmart and Ways to A's booklets are included as a bonus for campers.

GO FOR IT Entering Grades 4-6

M-F 9:00am-12:30pm Aug 16-Aug 20
Kerrisdale 5 sessions/\$175
M-F 9:00am-12:30pm July 26-30
Hastings 5 sessions/\$175

ACHIEVE Entering Grades 7-8

M-F 9:00am-12:30pm Aug 16-Aug 20
Kerrisdale 5 sessions/\$175
M-F 9:00am-12:30pm July 26-30
Hastings 5 sessions/\$175

SUPERTEEN EXCEL Entering Grades 8-10

M-F 9:00am-12:30pm Aug 9-Aug 13
Kerrisdale 5 sessions/\$175

TOP INSTRUCTORS INCLUDE:

Dino Geremia, Masters in
Educational Leadership, 18yrs as
University Coach
Jody Schaufele, Teacher, Coach,
Ex Varsity Player
Anita Gugleilmini, Teacher, Coach

BOYS AND GIRLS

INVENTORMANIA Entering Grades 5-8

A brand new success camp that helps young innovators and entrepreneurs create and imagine. By using successful examples, we will create a company complete with a brand name, slogan and of course a top selling product. The camp will work on interview and presentation skills as well as promotional and marketing ideas. It begins with brainstorming then setting up a plan and finally a concept of a top invention!

M-F 9:00am-12:30pm Jul 19-Jul 23
Kerrisdale 5 sessions/\$175

LITTLE BOOKWORMS Entering Grades 2-4

A motivating and fun filled reading enhancement program designed to develop the love of reading. In addition to building reading and vocabulary skills, the program will include theme days, special guests, outside activities and an exciting wrap-up event. Brainteasers, critical thinking and organizational tips will be covered. Please note: children must have completed Grade 1 to enroll.

T-F 9:00am-11:30am Aug 3-Aug 6
Kerrisdale 4 sessions/\$108

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